



## ASPEN MEDICAL GROUP, INC.

“Quality Healthcare Specializing in Women’s Health and helping families grow”

### Pre-Op Instructions and Information In and Out Patient Services

**PATIENT NAME:** \_\_\_\_\_

**HOSPITAL:** \_\_\_\_\_

**DATE OF SURGERY:** \_\_\_\_\_

**TIME:** \_\_\_\_\_

You have been examined by our doctor and have been fully informed of the type of surgery you are to have. If you have any questions, please do not hesitate to ask. You will be admitted to the hospital on your surgery date and be discharged that same day, depending on the type of surgery. Although we do not foresee any complications, arrangements will be made to accommodate you should they arise. We hope that the following information will be of help and that your stay under our care is as pleasant as can be.

1. Arrive at the hospital at \_\_\_\_\_ AM/PM the day of surgery. You should have pre-registered at least **72 hours** (3 days) prior.
2. **DO NOT** eat, drink or smoke, chew gum or put anything in your mouth after midnight the night before or that morning of your surgery.
3. **DO NOT** take any medications, unless prescribed by your doctor. If you do take medication, be prepared to let the doctor/nurse know what medication you took, what time you took it, and how much you took.
4. You will need to arrange for someone to drive you home. You **CANNOT** take public transportation or drive yourself home. **NO EXCEPTIONS!**
5. Make sure you have all your insurance information and picture identification with you.
6. Please bathe or shower before coming to the hospital for admission. Leave all jewelry and valuables at home. **DO NOT** wear contact lenses, make-up, or nail polish.

7. Wear loose clothing that is easy to remove and put on. If you should catch a cold or infection, please call our office immediately.
8. Be at the hospital three (3) hours before scheduled time unless otherwise instructed by the hospital admission clerk. The day of surgery, go back to admitting, they will direct you where you need to go.
9. If you are a breast-feeding mother, it would be advised to express enough milk to feed the baby for approximately 24 hours (depending on the type of surgery).

### **FEES:**

1. The surgeon's fee is determined by the type of surgery you are to have and on any complications that may arise. Our office personnel can give you an approximation of costs. Depending on your type of insurance, your percentage (%) needs to be paid before your surgery is performed, unless prior arrangements have been made.
2. You will receive separate charges from the hospital, lab, anesthesiologist and assistant surgeon.

**IF YOU HAVE ANY QUESTIONS, PLEASE CALL.**

4000 14<sup>th</sup> Street, Ste. 401, Riverside, CA 92501 (951) 788-6012 Fax (951) 788-6369  
900 S. Main Street, Ste. 209, Corona, CA 92882 (951) 735-6969 Fax (951) 735-8560  
9041 Magnolia Ave, Ste. 305, Riverside, CA 92503 (951) 343-3477 Fax (951) 343-3486